

**GLOBAL POWERLIFTING COMMITTEE AND SLOVAK POWERLIFTING
ASSOCIATION**

INVITATION

**GPC WORLDS YOUTH CUP
In POWERLIFTING and BENCH PRESS**

CONTEST

Competition:	Women´s – Men´s Powerlifting and Benchpress GPC Worlds Youth Cup
Date:	3.-4. December 2011
Venue:	Sports Hall Igor Novak, Giraltovece, Slovakia
Location:	Giraltovece, Slovakia
Event Managers:	Ján Vook
Organizer:	Slovak Powerlifting Association and PWL Giraltovece
Nomination:	Send in E-mail until 18th November 2011
Entry Fees:	1 start (bench or powerlifting) 20 € 2 starts (bench + powerlifting) 30 € Pay by weigh-in
Weight categories:	Women -44, -48, -52, -56, -60, -67,5, -75, -82,5, -90, -90+ kg Men – 52, -56, -60, -67,5, -75, -82,5, -90, -100, -110, -125, -140, -140+ kg
Age Categories:	Teen 13-19 years, Junior 20-23 years
Awards:	Medals for Weight Categories 1st, 2nd, 3rd places. Cup for Best Lifter Categories 1st, 2nd and 3rd places. All Competitors Will Awarded Diplom.
Accommodation:	Hostel SSOŠ Giraltovece, Duklianská 33.

Price for 1 person is 16 € per Night.(You Can Choose from doubleroom and tripleroom). **The price includes breakfast, lunch and dinner!!**

Transfer:

Organizer Provides Transport from The Airports in Košice, Poprad, Rzeszov, Krakow and Rail From Kysak on His Own Costs. The Latest Order for 2 Weeks Before Your Travel. Please Send Your Order in e-mail to matej@powerliftingslovakia.com.