

GPC World Cup 2017 Powerlifting, benchpress, deadlift, squat & ELITE SHOW

Basic Information				
Host City	(Miskolc) Felsőzsolca, Hungary			
Venue	City Sporthall			
	Post code: 3561			
	City: Felsőzsolca			
	Adress: Sport street 1.			
Organizers	Global Powerlifting Committee (GPC)			
0	Hungarian Professional P			
Technical director	Sándor Freimann, HPPL President tel.: +36-30-520-9193			
Promoter,	János Fazekas, (Hungarian, Engl			
Meet Director	e-mail: janos.fazekas87@gmail.com			
Contact				
	János Fazekas	Péter Kerecsényi		
	Meet Director	HPPL Secretary		
	janos.fazekas87@gmail.com	hungarianpowerliftingcongress@gmail.com		
	+36-30-884-1060			
Date	06th to 08th of October 2017			
Closing Date	6th of September 2017			

Websites:	www.worldgpc.com, www.powerlifting.hu	
Online Entry:	http://www.powerlifting.hu/hu_index.php?page=versenyek	
Entry fees	 40 EUR for first event entered 20 EUR per additional event entered. 	
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	• Late entries will be accepted but with a penalty of 30 EUR per person	
	which is also applied to entries received without entry fee by the closing	
	date.	
Categories	All GPC Weight & Age Categories – Male & Female	
	RAW and EQUIPPED (without Paralimpic category)	
	Disciplines:	
	Equipped (Multi-ply)	
	- Powerlifting	
	- Benchpress	
	- Deadlift	
	- Squat	
	Raw	
	- Powerlifting	
	- Benchpress	
	- Deadlift	
	- Squat	



The Elit SHOW is a show inside the GPC World Cup.

At this year the Hungarian Powerlifting Congress created an "ELITE category" on our competitions. This is a performance-linked category where outstanding competitiors can start. We have a defined lower boundary for this. Making this spectacular and attractive event for the press and the audience. The ELITE category takes only on one stage with higher audio and light technology and live rock show. We will use individual awards. We wait and welcome lifters who can maked the minimal levels. We created this category to the <u>www.powerlifting.hu</u> site and you can use the online entry.

We need official diplom or certificate for the minimal level to this e-mail: janos.fazekas87@gmail.com

Date of the show: 07th of October 2017. (19.00)

Weight in: -18.00-19.30, 06th of October -07.00-08.30, 07th of October

To the ELITE SHOW some competitior also be invited by the Hungarian Professional Powerlifting League.

In the ELITE SHOW you can start only in OPEN category and in RAW!

Inside the Show you can start only in one category.

Entry: 40 Euro.

The ELITE SHOW have got individual awards

ELITE levels in Wilks points:

Men:

Powerlifting : 470 Benchpress : 135 Deadlift: 180

Woman:

Powerlifting : 470 Benchpress : 135 Deadlift: 180

Bank Account Details		
Bank: Rajka és Vidéke Takarékszövetkezet		
Adress of the bank: H-9200 Mosonmagyaróvár, Palánk u. 8.		
SWIFT: TAKBHUHB		
Owner: Hungarian Powerlifting Congress 7		
Owner's adress: H-9200 Mosonmagyaróvár, Kálnoki u. 11.		
IBAN: HU82 5950 0155 5001 3667 0000 0000		
Hotel		
www.trivago.hu (Miskolc)		
www.szallas.hu (Miskolc)		
http://tourist.info.hu/sz%C3%A111%C3%A1s/miskolc		
http://www.szallasinfo.hu/szallasok/miskolc.php		

Airport

Budapest (170 km), Debrecen (100 km)

Transfer		
Information	Tosi Trans Kft.	
& Booking	Phone: +36-70-367-0707 (English and Deutch – speaking)	
	E-mail: <u>office@tosi.hu</u>	
	Agora Transz-Fair Kft. Phone: +36-20-776-2160 E-mail: <u>rendeles@agoratrans.hu</u>	

GPC World Cup 2017 Lifting schedule

Day	Date	Competition- Discipline	Groups
1st	6th October	Powerlifting RAW Powerlifting EQ Single Squat RAW&EQ	All men & all women in teens, juniors, masters
2nd	7th October	Powerlifting RAW Powerlifting EQ Single Squat RAW&EQ ELITE SHOW	All men & women in open category
3rd	8th October	Bench Press RAW Bench Press EQ Deadlift RAW Deadlift EQ	All men & women

Weigh-In Times

Date	Time	
05th of October	18.00-20.00	
06th-07th of October	7.00-08.30 & 18.00-19.30	
08th of October	7.00-8.30	

Each session can be extended if required to accommodate the number of athletes weighing in who are there by the close of the official weigh in time.

VISA Support Letters

If you require a Visa to visit Hungary for this championships, download the "Request for Letter for Visa Application under Downloads (Other) on the GPC website <u>www.worldgpc.com</u> and forward it to <u>worldgpcsecretary@gmail.com</u>