

## GPA/IPO European Championships 2019

Name	Age Div	Bwt (Kg)	WtCls (Kg)	Glossbrenner	Men Powerlifting					Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadli
					Squat 1	Squat 2	Squat 3	Squat 4	Best Squat							
YUSUF ÖNGÜR	14 M_SUBJ_AM	55	56	0.90955	75	-85	0		75	45	55	-62		55	130	
EROLCAN GÜNDÜZ	19 M_JUN_AM	59	60	0.84665	80	90	-105		90	60	70	-80		70	160	
ANIL KAYA	14 M_SUBJ_AM	65	67.5	0.7733	110	122	-128		122	100	105	110		110	232	
MAZİN AOQYB LAZİM	37 M_OPEN_AM	66	67.5	0.763	110	-120	125		125	70	-85	85		85	210	
MERT AYKUT KAYMAK	21 M_JUN_AM	59	60	0.84665	132	140	-150		140	80	85	90		90	230	
MERTCAN ÇAVUŞ	23 M_JUN_AM	65	67.5	0.7733	125	130	-140		130	-82	-82	-82		0	0	
OĞUZ KAAAN DERELİ	20 M_JUN_AM	67	67.5	0.75315	110	135	-140		135	70	85	92		92	227	
MOHANAD AOQYB LAZİM	29 M_OPEN_EKP	59	60	0.84665	140	170	185		185	90	-110	-110		90	275	
MOUSSA ERRİDİR	24 M_OPEN_AM	60	60	0.83285	130	140	150		150	90	100	110		110	260	
VAHİP ŞİMŞEK	30 M_OPEN_AM	65	67.5	0.7733	165	181	-187		181	-115	115	-122		115	296	
YASİN GÜNEŞ	21 M_JUN_AM	66	67.5	0.763	165	180	-195		180	100	110	115		115	295	

Name	Age Div	#REF!	#REF!	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	RH BP	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadli
BERKAY KAYABAL	15 M_SUBJ_AM	69	75	70	80	-87		0		55	-65	65		0	0	80	
ERDEM ABANUZ	18 M_JUN_AM	72	75	120	-130	-130		0		70	75	-80		0	0	150	
ALPERCAN GÜVEN	17 M_SUBJ_AM	74	75	130	145	-161		0		90	-96	103		0	0	140	
YUSUF ERTÜRK	16 M_SUBJ_AM	74	75	140	-155	-167		0		95	-102	102		0	0	160	
BARIŞ BERKAY GÜLDAMLASI	20 M_JUN_AM	75	75	150	157	163		0		110	117	-123		0	0	165	
HAKKI BOZAT	60 M_OR_MASTERLAR	75	75	125	-130	130		0		97	102	105		0	0	182	
BURAK GÜNAL	17 M_SUBJ_AM	73	75	-150	150	-165		0		80	90	-95		0	0	180	
ENES ÇAĞLAR	17 M_SUBJ_AM	74	75	160	175	-190		0		85	90	100		0	0	180	
ATAKAN KOÇER	21 M_JUN_AM	73	75	130	140	152		0		112	-117	-120		0	0	185	
FARAJ ABDULAYEV	23 M_JUN_AM	71	75	190	-200	-200		0		120	-125	125		0	0	210	
NİHAD ABDÜLAZİMLİ	23 M_JUN_PRO	75	75	150	-160	-160		0		110	-120	-120		0	0	200	
UĞUR UTKU	25 M_OPEN_AM	73	75	-180	195	210		0		125	-135	-135		0	0	200	
HÜSEYİN TUĞSAL	21 M_JUN_AM	73	75	150	160	-165		0		105	112	115		0	0	210	
MEVLÜT KIRTAŞ	29 M_OPEN_AM	75	75	180	190	200		0		-150	155	161		0	0	210	

Name	Age Div	Bwt (Kg)	WtCls (Kg)	Glossbrenner	Lot #	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadli
ERTUĞRUL ÖZEN	19 M_SUBJ_AM	78	82.5	0.66935		-130	-135	-135		0	-95	-95		-95	0	0	-
MOHAMMADHASAN DANESHVAR	82 M_MASTERS	81	82.5	0.65235		-70	-70	70		70	45	50		55	55	125	
BATUHAN ÇELİK	19 M_SUBJ_AM	80	82.5	0.6578		125	-140	-140		125	100	110		-115	110	235	
FATİH ERDEM UYUMAZ	23 M_JUN_AM	81	82.5	0.65235		-137	-137	137		137	107	115		-117	115	252	
CEMAL TEKİN KUTSAL	22 M_JUN_AM	80	82.5	0.6578		155	-165	-165		155	-105	107		-110	107	262	
TURAN HASRET ÖNCÜ	16 M_SUBJ_AM	79	82.5	0.6635		185	-210	-210		185	105	115		-118	115	300	
MUHAMMED EMİN SEZAY	15 M_TEEN_AM	81	82.5	0.65235		-160	-160	160		160	97	105		-112	105	265	
OSMAN BERKAY ÇOLAK	21 M_JUN_AM	76	82.5	0.6819		140	-160	-165		140	100	110		-117	110	250	
BUĞRAHAN KARA	18 M_SUBJ_AM	81	82.5	0.65235		180	195	-205		195	117	125		127	127	322	
YUSUF TAN	19 M_JUN_AM	77	82.5	0.6755		160	-175	-175		160	130	138		-147	138	298	
SAMET YILDIRIM	21 M_JUN_AM	82	82.5	0.64715		180	190	200		200	120	130		-132	130	330	
BERKAY KIRAY	21 M_JUN_AM	80	82.5	0.6578		170	175	195		195	110	120		-126	120	315	
ÖMER YURT	17 M_SUBJ_AM	81	82.5	0.65235		155	170	180		180	90	100		-115	100	280	

ŞEMİ FASAL	38 M_OPEN_AM	79	82.5	0.6635	185	-190	-190	185	105	110	-112	110	295
OLEG NOVOGOLUB	24 M_OPEN_PRO	81	82.5	0.65235	-225	-225	-225	0	150	157	-160	157	0

Name	Age Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat RH BP	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadli
				0					0					0	0			
HAKAN KAYA	25 M_OPEN_AM	84	90	0.63725	110	120	-130		120	90	-95	-95		90	210	170	180	190
SERDAR FIRAT	32 M_OPEN_AM	89	90	0.6157	150	160	170		170	100	-110	-110		100	270	190	210	220
ABDELALEEM MOHAMED	19 M_JUN_AM	98	100	0.58635	120	130	135		135	100	-110	112		112	247	-140	150	160
ONUR YILMAZ	23 M_JUN_AM	88	90	0.6197	-190	-190	190		190	110	115	-115		115	305	210	-220	-220
DEVİRİM KESGİN	16 M_SUBJ_AM	102	110	0.5767	172	-185	-190		172	110	-122	122		122	294	220	-245	-250
MUHAMMED İMRAN ÖZER	15 M_TEEN_AM	88	90	0.6197	200	215	220		220	105	110	-122		110	330	195	-205	-205
İBRAHİM AHMED	16 M_SUBJ_AM	83	90	0.6421	-170	175	-182		175	110	117	-123		117	292	200	-210	-210
MORTAZA HABİBİ BARİREN	36 M_OPEN_AM	89	90	0.6157	170	185	-195		185	100	120	-125		120	305	170	190	200
ÖZCAN PARLAK	18 M_SUBJ_AM	87	90	0.62385	175	185	-195		185	110	120	-127		120	305	200	-210	-215
İLKAY CAN PARLAK	16 M_SUBJ_AM	112	125	0.55975	160	170	175		175	110	122	131		131	306	190	210	-215
YAVUZ DEMİRCİOĞLU	41 M_OR_MASTERLAR	109	110	0.56395	190	-200	-202		190	125	-135	-140		125	315	230	-240	
ZURAB SHENGELİA	18 M_SUBJ_PRO	157	SHW	0.5179	-200	220	250		250	110	130	140		140	390	250	275	285
DORUK BARKIN ÖZTÜRK	21 M_JUN_AM	106	110	0.56885	230	250	-260		250	130	140	-145		140	390	240	260	-270
HOSSEİN ZANGİABEDİZADE	40 M_OR_MASTERLAR	106	110	0.56885	-200	200	220		220	120	135	150		150	370	200	220	-240
ELMEDİN HECO	39 M_OPEN_AM	109	110	0.56395	310	-325			310	140	-150	-150		140	450	290	305	-315
FURKAN ÖZCAN	18 M_SUBJ_AM	93	100	0.6013	-220	220	230		230	140	150	160		160	390	230	240	250
GİORGİ TSKİPURİSHVİLİ	20 M_JUN_PRO	110	110	0.5625	200	220	240		240	-150	165	175		175	415	-230	255	-275
ABDULHAMİD KELFA (10)	43 M_OPEN_AM	85	90	0.6326	220	235	250		250	150	165	175		175	425	240	260	-265
ABDULHAMİD KELFA2	43 M_OR_MASTERLAR	85	90	0.6326	220	235	250		250	150		175		175	425	260		
ABDOLLAH GHELİJ	42 M_OR_MASTERLAR	123	125	0.54775	200	230	250		250	170	180	190		190	440	200	230	240
CAN YEŞİLPINAR	36 M_OPEN_PRO	125	125	0.5454	-170	170	180		180	190	-200	200		190	370	250	-260	-260
GRYGARİİ BARANNİK	28 M_OPEN_PRO	142	SHW	0.5294	280	290	300		300	190	200	205		205	505	275	295	310
BOUAFİA MOHAMMADİKİ	40 M_OR_MASTERLAR	136	140	0.53455	350	375	400		400			210		210	610	320	340	
İGOR ZAİCHUK	29 M_OPEN_AM	122	125	0.54885	272	-282			272	202	-212	215		215	487	305	315	-322
RABIH SAKKA	40 M_OR_MASTERLAR	144	SHW	0.52775	400	425	440		440	280	301	301		280	720	280	300	310
RABRIH SAKKAİKİ	40 M_OR_MASTERLAR	144	SHW	0.52775	400	425	440		440	280	-301	301		0	0	280	310	310
AMİR HOSEİN FİROUZ	25 M_OPEN_AM	147	SHW	0.5254	330	-350	-400		330	200	220			220	550	300	-320	
BOUAFİA MOHAMMAD (10)	40 M_OR_MASTERLAR	136	140	0.53455	350	375	400		400	200	210			210	610	320	-340	

## Women Powerlifting

NAME	AGE	BW	CLASS	SQ1	SQ2	SQ3	BP	BP2	BP3	DL1	DL2	DL3	Total	TEAM
NESRİN YAVAŞ	44 M_OR_MASTERLAR	71	75	60	63	67	-30	35	-36		80	87	-90	189 TURKEY
ALEV ERDEM	30 M_OR_OPEN	59	60	55	65	-72	35	40	-42		70	87	-100	193 Turkey TURKEY
ZEYNEP NİHAN GÖRGÜLÜ	24 M_OR_OPEN	51	56	80	90	-100	-42	42	-45		100	105	110	242 TURKEY
CRISTINA COSTOV	36 M_OR_OPEN	77	82.5	90	100	110	60	67	-72		140	150	160	337 MOLDOVA
SERAY ALTUN	21 M_OR_JUNIORS	55	56	115	120	-125	42	45	47		-160	-160	-160	0 TURKEY

## Push Pull

Name	Age Div	WEGHT	WtCls (Lb)	Bench 1	Bench 2	Bench 3	Bench 4	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Push Pull Total	
MONİKA AUS	48 M_OR_MASTERLAR	54	56	52	55	57		92	102	-112			159 HUNGARY
SEJFO SEHOVIC	60 M_OR_MASTERLAR	72	75	100	107	0		225	235	242			349 BOSNIA
SEJFO SEHOVIC	60 M_OR_MASTERLAR	72	75	100	107			225					332 BOSNIA
LUIŠ ANDRİS	36 M_OPEN_AM	82	82.5	140	-145	-145		240	250	-255			390 LATVIA

## Bench Press

Name	Age Div	#REF!	#REF!	RH BP	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Coeff	Score	Age	& Coeff	
										0	0	0		
ALPER AKSOY	40 M_OR_MASTERLAR	87	90		-80	-90	90		90	56.1465	56.1465			TURKEY
KARİM KANJANI JAFROUÏDİ	62 M_OR_MASTER3	71	75		90	95	97		97	69.65085	97.02363			IRAN
MOHAMMEDREZA GHANE	39 M_OPEN_AM	75	75		90	100	105		105	72.29775	0			IRAN
MİRSEYEDİ SEYEDMAHMUT	31 M_OPEN_AM	89	90		70	-120	-132		70	43.099	0			IRAN
İGOR KUROTCHEKNO	57 M_OR_MASTER2	108	110		135	140	142		142	80.301	101.8217			RUSSIA
İGOR KUROTCHEKNO (openraw)	57 M_OR_MASTER2	108	110		135	140	142		142	80.301	101.8217			RUSSIA
AHMET YOLAL	37 M_OPEN_AM	80	82.5		-130	130	145		145	95.381	0			TURKEY
MARTİN KOVACHEVSKI	26 M_OPEN_AM	66	67.5		130	141	145		145	110.635	0			MACEDONIA
ÜMİT ÇAĞLAR	38 M_OPEN_AM	85	90		-130	140	-150		140	88.564	0			TURKEY
ELNUR BALAHASANZADE	24 M_OPEN_AM	89	90		140	145	-151		145	89.2765	0			AZERBAIJAN
SAÉİD RAHMANA ZEFİCH	50 M_OR_MASTER2	80	82.5		140	150	152		152	99.9856	112.9837			IRAN
GÖRKEM ÖZTÜRK	M_OPEN_AM	82	82.5		140	150	-155		150	97.0725	0			TURKEY
EBRAHİM DARVİSHİ	23 M_JUN_AM	99	100		145	160	-165		160	93.408	0			IRAN
PAVEİS GRİGORJEUS	43 M_OPEN_AM	81	82.5		167	170	-175		170	110.8995	114.3374			LATVIA
FİLİN MİKHAİL	58 M_OR_MASTER2	142 SHW			175	-180	-180		175	92.645	119.6047			RUSSIA
FİLİN MİKHAİL (rawopen)	58 M_OPEN_AM	142 SHW			175	-180	-180		175	92.645	119.6047			RUSSIA
ZOUBİR ERRİDİR	52 M_OR_MASTER2	102	110		170	180	-187		180	103.806	120.934			ALGERIA
ABDULLAH GHALİJ	M_OPEN_AM	110	110		170	185	190		190	106.875	0			IRAN
VADİMS NİKİTİNS	29 M_OPEN_AM	97	100		-190	190	-205		190	111.929	0			LATVIA
STEFAN POPOVSKI	30 M_OPEN_AM	93	100		202	-207	-207		202	121.4626	0			MACEDONIA
ALİ KHOSRAVİ POUGE	34 M_OPEN_AM	136	140		230	250	-360		250	133.6375	0			IRAN

Name	Age Div	KG	CLASS	Deadlift				Total	Coeff	Score	TEAM	
				Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4					
								0	0	0	0	
ALİ SEHATİRADMOUSA	21 M_JUN_AM	60	60	-80	80	135		0	135	112.4348	0	IRAN
ALİ ARAS KÜÇÜKTEZCAN	23 M_JUN_AM	81	82.5	165	172	180		0	180	117.423	0	TURKEY
MAJİD AZİMİ	31 M_OPEN_AM	110	110	220	230	240		0	240	135	0	IRAN
MAKSİMS POPV	35 M_OPEN_AM	112	125	325	335	345		0	345	193.1138	0	MACEDONIA
HRİSTO MUSKOV	M_OPEN_AM	120	125	327	337	347		0	347	191.1797	0	BULGARIA
ELNUR BALAHASANZADE (SONA AL)	24 M_OPEN_AM	89	90	230	240			0	240	147.768	0	AZERBAIJAN
SIARHEİ MURAVYOU	M_OPEN_AM	115	125	280	290			0	290	161.3125	0	BELARUS
SIARHEİ MURAVYOUİKİ	M_OPEN_AM	115	125	280	290			0	290	161.3125	0	BELARUS
KARİM ESMAELLZADEH GASAN	40 M_OR_MASTERLAR	125	125	160				0	160	87.264	87.264	IRAN
MOUSSA ERRİDİR (SİNGLEDAN)	24 M_OPEN_AM	52	56	200				0	200	193.28	0	ALGERIA
ABDELHAMİD KHELFA SİNGLE	M_OR_MASTERLAR	85	90	260				0	260	164.476	0	ALGERIA
ABDELHAMİD KHELFA2	M_OPEN_AM	85	90	260				0	260	164.476	0	ALGERIA
GRYGARIİ BARANNİK SİNGLE	M_OPEN_PRO	142 SHW		310				0	310	164.114	0	UKRAINE
İGOR ZAİCHUK SİNGLE	M_OPEN_AM	122	125	315				0	315	172.8878	0	UKRAINE
MOHAMMAD BOUAFİA SİNGLE	M_OR_MASTERLAR	136	140	320				0	320	171.056	0	ALGERIA
MOHAMMAD BOUAFİA SİNGLE	M_OPEN_AM	136	140	320				0	320	171.056	0	ALGERIA

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