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**WUAP European Championships 2016**

**Powerlifting + benchpress**

**RAW + EQUIPPED**

**Date: 15-18. June 2016**

**Organizer: Magyar Erőemelő Profi Liga; Body Fit SE**

**Director: Süli Tibor (+36-70-201-7592)**

**Technical director: Freimann Sándor (+36-30-520-9193)**

**E-mail:** hungarianpowerliftingcongress@gmail.com

[www.powerlifting.hu](http://www.powerlifting.hu) [www.wuap-powerlifting.com](http://www.wuap-powerlifting.com)

**Venue: Gyula, Sport Hall – 5300 Gyula, Ajtóssy út 2-10.**

# Weigt-in

**Tuesday, 14.06.2016. (for Wednesday competitors)**16:00 – 19:00 Benchpress RAW +EQ (Men: masters, junior, teens)

**Wednesday, 15.06.2016. (for Wednesday competitors)**
07:30– 09:00 Benchpress RAW+EQ (Men: masters, junior, teens)

**Wednesday, 15.06.2016. (for Thursday competitors)**

09:30-11.00 and 16:00 – 19:00 Benchpress RAW+EQ (all women; men: open, submasters)

**Thursday, 16.06.2016. (for Thursday competitors)**
07:30 – 09:00 Benchpress RAW+EQ (all women; men: open, submasters)

**Thursday: 16.06.2016. (for Friday competitors)**

09:30 - 11:00 and16:00 – 19:00 Powerlifting RAW + EQ (Men: masters, junior, teens)

**Friday, 17.06.2016. (for Friday competitors)**
07:30 – 09:00 Powerlifting RAW + EQ (Men: masters, junior, teens)

**Friday, 17.06.2016**. **(for Saturday competitors)**

09:30 - 11:00 and 16:00 – 19:00 Powerlifting RAW +EQ (all women; men: open, submasters)

**Saturday, 18.06.2016. (for Saturday competitors)**07:30 – 09:00 Powerlifting RAW + EQ (all women; men: open, submasters)

**Competition**

**Opening ceremony: 09:30**

**Wednesday (15.06.)** – Start 10:00 – RAW+EQ Benchpress (men: masters, junior, teens)

**Thursday (16.06.)** – Start 10:00 – RAW+EQ Benchpress (all women; men: open, submasters)

**Friday (17.06.)** - Sart 10:00 – RAW+EQ Powerlifting (men: masters, junior, teens))

**Saturday (18.06.)** – Start 10:00 – RAW+EQ Powerlifting (all women; men: open, submasters)

**Saturday: after the closing ceremony – banquet!**

 The organizer reserves the right to change schedule to the date of deadline of the entry form (30th May 2016)

**Rules: The EUROPE Championships is organised and will be held by the WUAP rules.**

**These rules are available on the official site of WUAP:** [www.wuap-powerlifting.com](http://www.wuap-powerlifting.com)

With the nomination the athlete accepts the rules of the federation "WUAP" and is automatically an extraordinarily member of the federation. 10% of the participating athletes will be tested if they are drug free. If somebody should be positive, he/she will be excluded from the meeting; the entry fee will be not returned. The result of the test is final.

**Deadline for the entryform and fee: May 30th 2016**

After May 30th 2016 no late entry’s will be accepted!

**Entryfee:**

**Open, submasters category:**

Benchpress EQ: □ € **65,-** Powerlifting EQ: □ € **65,-**

Benchpress RAW: □ € **65,-** Powerlifting RAW: □ € **65,-**

**Teens, juniors and masters will pay 50€**

**Each additional start will be 40€ (all category)**

**Closing day of the entry: 30th May 2016**

#  Online entry [www.powerlifting.hu](http://www.powerlifting.hu) (English version)

**The entry fees have to be transferred by the closing day**

**Bank: Rajka és Vidéke Takarékszövetkezet**

**Address of the Bank: H-9200 Mosonmagyaróvár, Palánk u. 8.**

**SWIFT-code: TAKBHUHB**

**Owner of the account: Hungarian Powerlifting Congress**

**Owner of the account’s address: H-9200 Mosonmagyaróvár, Kálnoki u. 11.**

**IBAN: HU82 5950 0155 5001 3667 0000 0000**

**We ask you to write the name of the competitors to the „Notice for transfer”**

**Information:** hungarianpowerliftingcongress@gmail.com**Website:**  [www.powerlifting.hu](http://www.powerlifting.hu) [www.wuap-powerlifting.com](http://www.wuap-powerlifting.com)

**Accomodation:** [**www.visitgyula.com**](http://www.visitgyula.com)

**Transfer:**

**Budapest Airport – Gyula 45€ (1 person/1 way)**

**Debrecen Airport – Gyula 25 € (1 person/1 way)**